

PACE MOOC - Improving palliative care in care homes for older people

Summary report

<https://www.futurelearn.com/courses/palliative-care-in-care-homes>



APRIL 2020

MOOC - Improving palliative care in care homes for older people

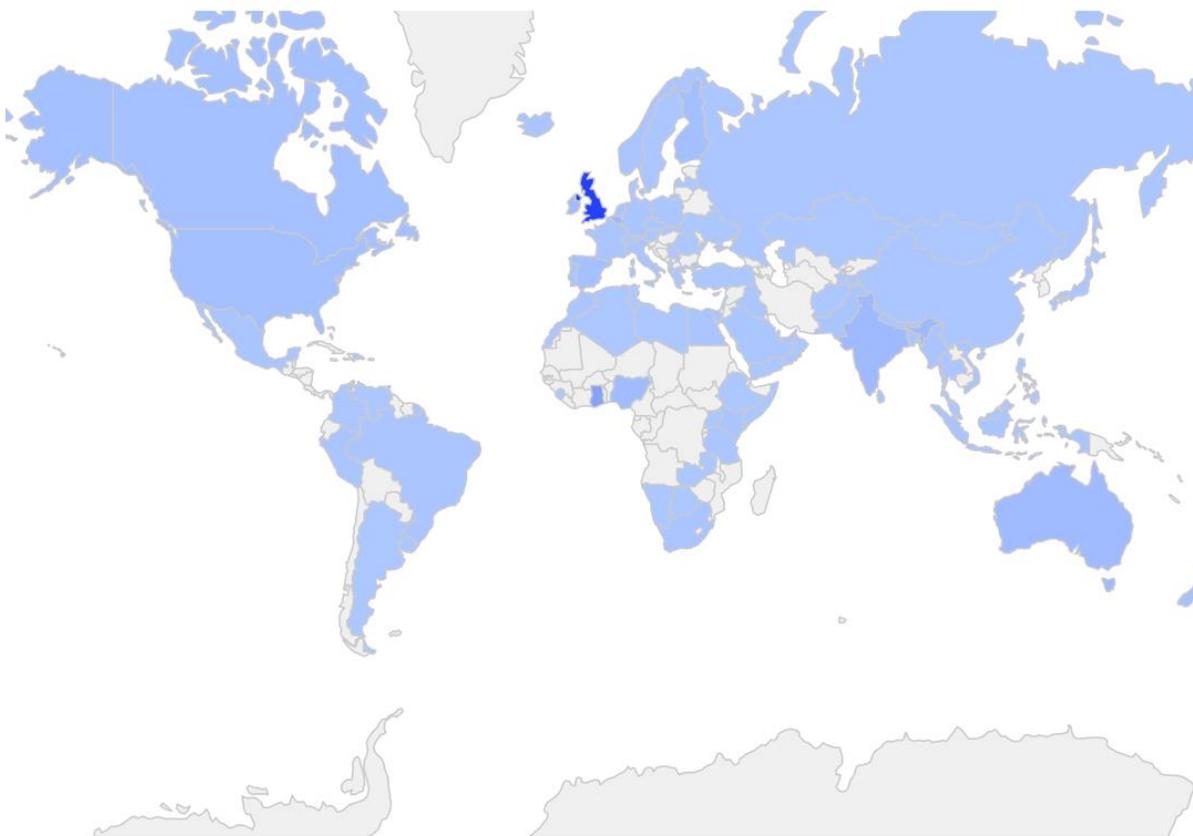
A free Massive Open Online Course

A free Massive Open Online Course was developed by Lancaster University Partners, in association with consortium members of a project called 'PACE, Palliative Care for Older People', funded by the European Commission.

It was first delivered from 1st April 2019 for three weeks with over 1467 people registered from 102 countries globally. The course was offered again from 9th – 27th March 2020 with over 1227 people registered from 98 countries. This was a larger than anticipated number of people registering. There was a global spread of attendees, although a notable increase in people from African countries including Ghana and Nigeria. The course predominantly attracted healthcare professionals, such as nurses and care assistants working in nursing and care homes, and with interest from physicians, and allied health professionals. The course content covered an introduction to the international epidemiology and demographics of ageing, palliative care and palliative care in care homes in week 1. In week 2, the design and purpose of the PACE project was presented, followed by the first three Steps of the PACE Steps to Success programme. In the final week 3, Steps 4-6 were presented and consideration of how to sustain change in care homes. All aspects of the course were supported by Open Access resources and illustrative videos demonstrating the implementation of the PACE programme in six countries (Belgium, England, Finland, The Netherlands, Poland and Switzerland). A small group of students paid a nominal fee to complete an evaluation and receive a certificate of attendance. The fee also gave them long term access to all the course resources. The MOOC was interactive. It was mentored by an experienced pharmacist which expertise in palliative care who provided feedback and support to students. The lead educators, Professor Sheila Payne and Dr Yakubu Salifu (a nurse from Ghana with expertise in palliative care) answered queries and supported students by posing questions to stimulate discuss. The course was run in the context of the emerging COVID-19 pandemic therefore this may have impacted upon participants. We provided additional resources to offer guidance to staff in nursing and care homes dealing with the pandemic. Overall, the course has been well evaluated and students will be followed up to monitor impact and evidence of changes in practice.

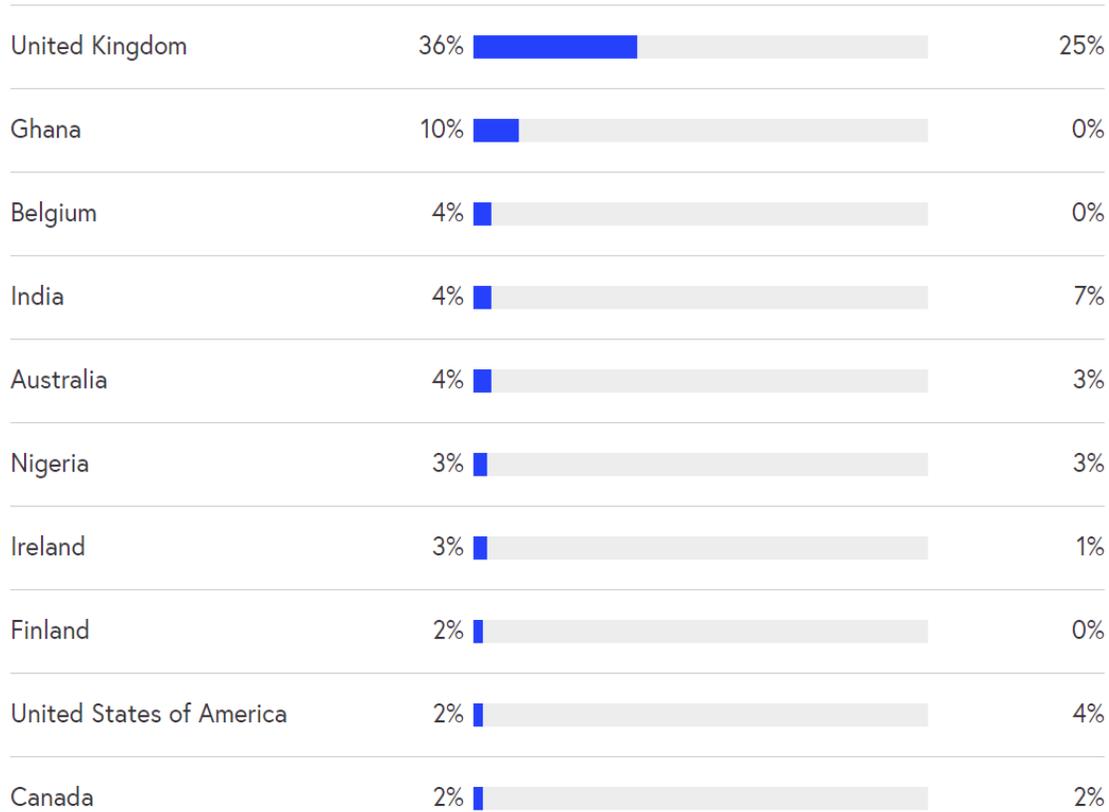
“Over 1227 people registered from 98 countries globally.”

Countries of attendees (darker indicates greater numbers)



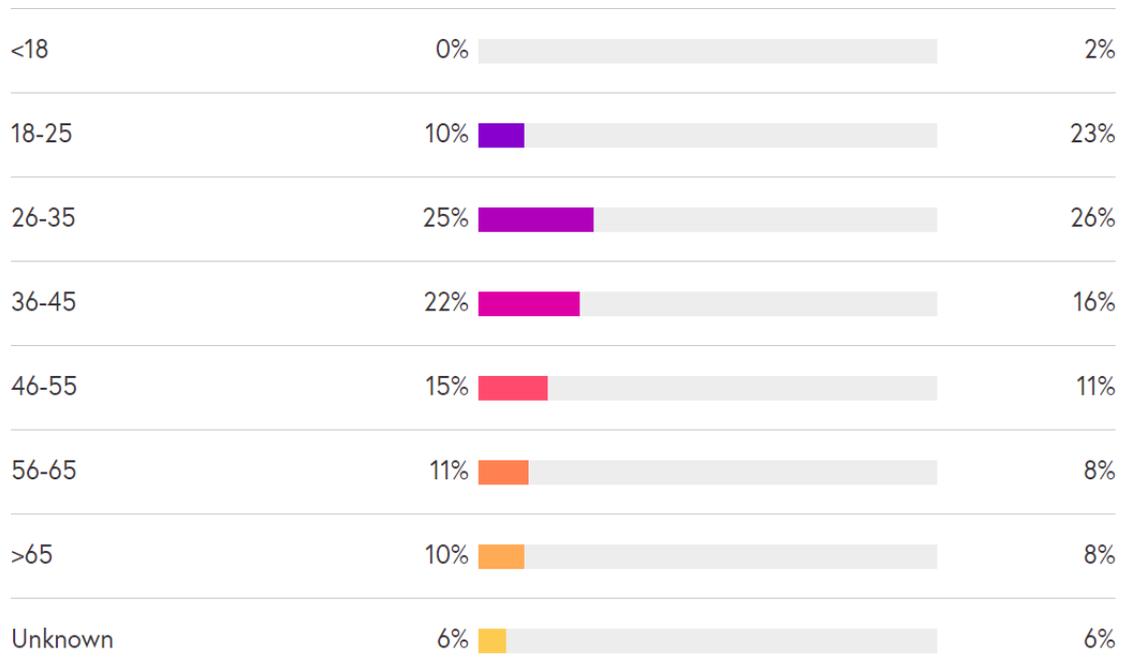
Enrolments by country

 Average



Enrolments by age range

 Average



Feedback from the MOOC students - examples:

Merri Iddrisu

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Thank you very much for the opportunity to learn from you, and share experiences with you. God richly bless you and stay safe. very innovative course

Shamiso Dube

[Follow](#) 31 MAR

Thank you. The course made me re-think the way we look after our residents and their families.

Cristina Herrero Mateos

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I have found this course very interesting and thought provoking. It will help me on my personal development looking after palliative care patients in care homes. I really appreciate your feedback and the extra materials you have provided.

Yvonne Horvath

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A huge thank you for allowing me to do this course. I really enjoyed it and understanding the PACE programme. Have worked and have a passion for aged care but recently have not worked in this sector. You can bring such joy and be such a blessing to the people you serve - the residents and have many many cherished memories of relationships made and time getting to know them. Its always been my goal when serving people within this sector to be able to improve (lift-up) the standard of care we give them and the standard of care within their environment that they live in day to day until their end of days on earth. Thank you once again for your input into my life by this course. Yvonne

Ingegerd Enqvist

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I first read about this program a year ago and decided that I wanted to participate in the course to find out how it can be implemented in practice and to gain more knowledge about how the six steps i PACE are performed. I am very pleased with the content and have received important tools that I hope will be of great use in the future.

VIDA ODURO-FOSUAA

Follow 26 MAR

The course has equipped me with a lot of knowledge and clear insight of palliative care. It was a great lesson and I am much grateful. Thanks to you guys too.

David Ayangba Asakitogum

Follow 26 MAR

The Course has expanded my knowledge on palliative care and has also introduced me to the concept of care homes where long term care of the aged are delivered. I incline to use the 6 steps programme of care to nurse my clients in adults wards and introduce it into my lesson notes for my students.

Improving palliative care in care homes and care of the aged has being useful to my career. Thanks to you all-programme coordinators, mentors, and participants. I hope there could be a platform to keep all of us in touch.

Catherine Sarfo-Walters

Follow 13 hours

Talking of death may be scary for anyone especially when the anticipation of dying has not yet crossed their minds. Thinking their condition is not as threatening as it seems, but using the "Looking and Thinking Ahead" I think can make talking about the future easier.

Viviana V

Follow 31 MAR

Thank you to all educators and peers :) This course was helpful and I learned so much about PACE program!

Thank you all for this course and thank you for your time.