



EU PACE project Introduction



prof Luc Deliens

Luc.Deliens@vub.be

www.eupace.eu

Welcome !



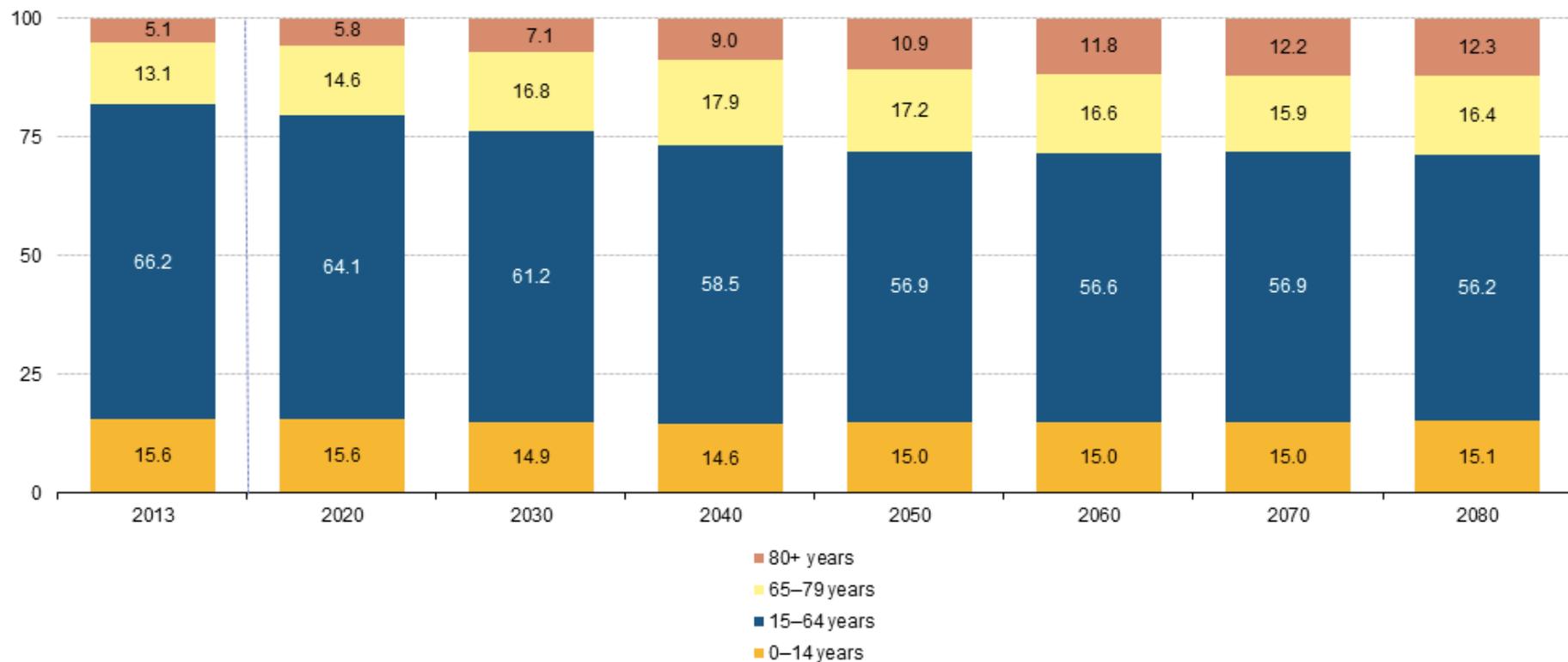
Palliative care for older people: Why we all need to care, now

WORKSHOP

24 January 2019, 09:30 – 13:15

VLEVA - Avenue de Cortenbergh 71, 1000 Brussels

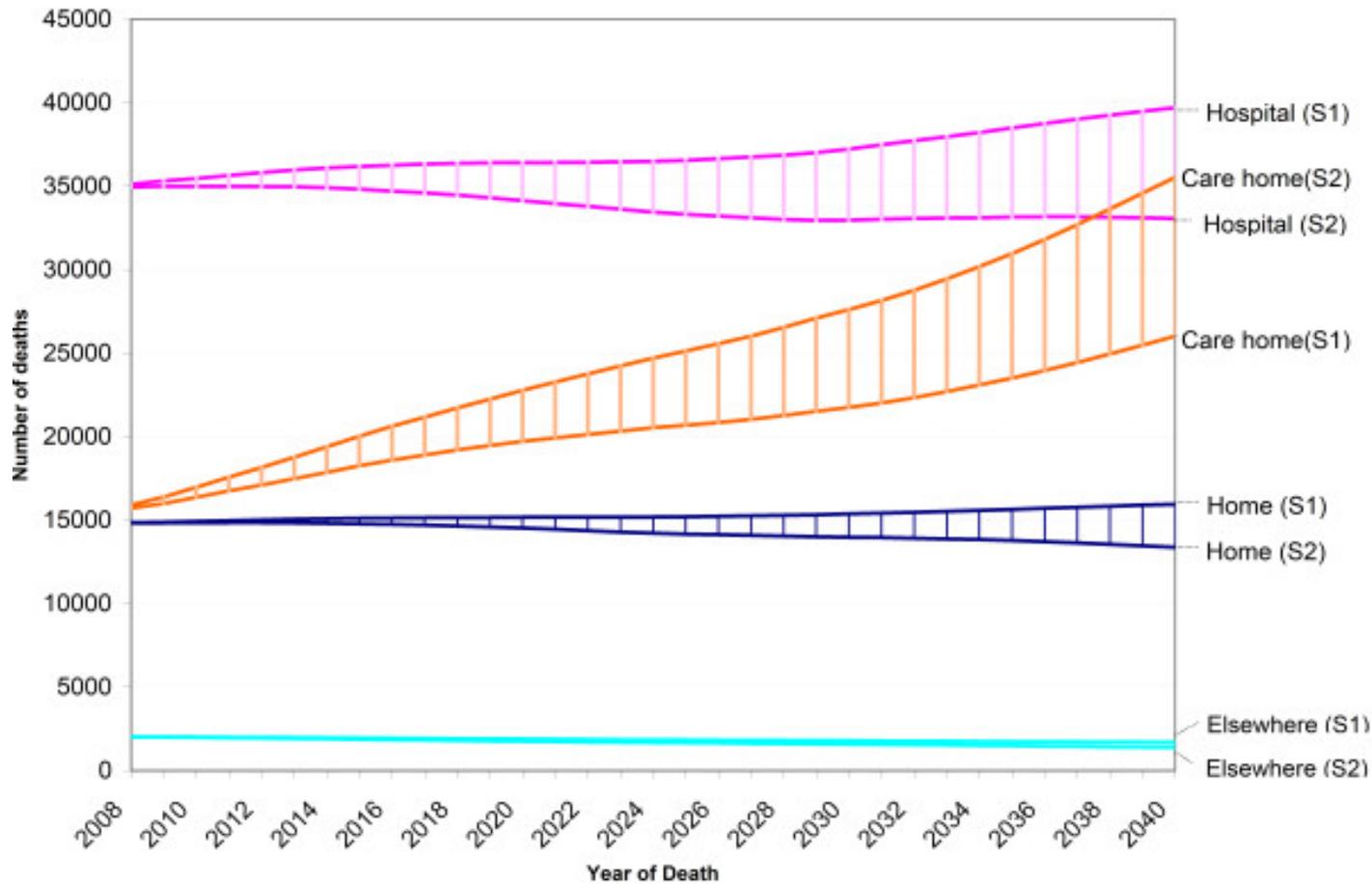
Societies are ageing rapidly



(¹) 2020-80: projections (EUROPOP2013).

Source: Eurostat (online data codes: demo_pjangroup and proj_13npms)

Many older people die in care homes or long-term care facilities



Long-term care facilities?

collective institutional settings where care* is provided for older people who live there, 24 hours a day, seven days a week, for an undefined period of time

* on site provision of personal assistance with activities of daily living, and on-site or off-site provision of nursing and medical care

Nursing homes, care homes, residential care, etc

Palliative care?

is an holistic approach to improve quality of life of all people with serious illness and their families

preferred approach to care in care homes or all long-term care facilities

everyone's responsibility

What about EOLC in dementia?

- In many countries in the world Alzheimer's disease has NOT been considered as appropriate for hospice care or PC
- For many years in care homes, and still today in some, the emphasis is on life prolonging
- This goal of care result still today in:
 - frequent transfers to the hospital
 - tube feeding for people with eating difficulties
 - aggressive treatment, e.g. antibiotics, the frequent use of restraints, etc

Present health care systems

focussing on:

Disease centred care <> **patient/person centered care**

Highly (sub-)specialised <> **generalistic or holistic care**

Hospitals becoming diagnostic factories & doctors addicted to diagnosticism <> **QoL aimed care**

Withholding & withdrawing treatment is something doctors don't learn at medical school

Present health care systems

promoting PC in this medical culture is very difficult and challenging

needs societal changes and a global approach

It cannot be realized without your help!

=> palliative care can be a key driver in changing health care systems

global health care approach to palliative care



Policy drivers and leadership

Multisectorial approach and
leadership is needed:

Research

Education & workforce development

Practice & PC Service development

Community development

Policy making

EU funded FP7 project 2014-2019

Describe and improve palliative care in long-term care facilities



29 country
mapping of
palliative care in
LTCFs

6 country
descriptive
study of dying in
LTCFs

7 country cluster RCT
PACE Steps to Success
with process evaluation

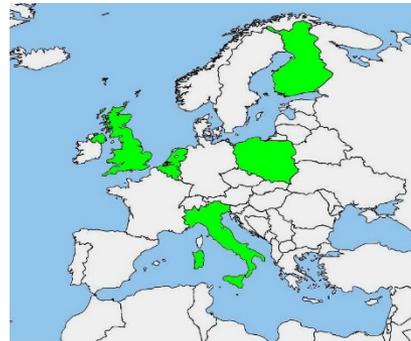
Palliative care systems and current practices in long term care facilities in Europe

Report of the

European Association of Palliative Care Taskforce on
Mapping Palliative Care Systems in Long Term Care Facilities in Europe

January 2017 (amended March 2017)

PACE - comparing the effectiveness of Palliative Care for older people in long-term care facilities in Europe.





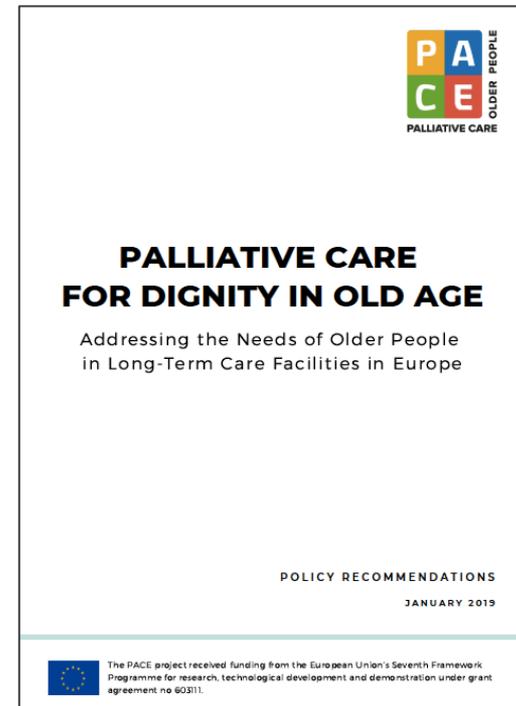
recommendations

EAPC White paper

Recommendations for
developing and implementing
palliative care in long-term care
facilities



PACE Policy
Recommendations



Agenda

09:30 – 09:45	Introduction by Luc Deliens, Free University of Brussels (VUB)
09:45 – 10:10	PACE Steps to Success: what is it about? Presentation by Lieve Van den Block, coordinator of PACE, Free University of Brussels (VUB)
10:10 – 10:30	Developing and implementing interventions to improve palliative care in long-term care facilities: outcomes of EAPC's White Paper Presentation by Katherine Froggatt, PACE partner, Lancaster University
10:30 – 10:45	Policymakers need to act: the PACE policy recommendations Presentation by AGE Platform Europe and Alzheimer Europe
10:45 – 11:15	<i>Coffee break</i>
11:15 – 12:15	Group work: how can we take it from here? Reflections in 3 groups on how to advance access to palliative care for older people in policy and in service delivery.
12:15 – 12:45	Sharing group reflections Short presentation of outcomes by rapporteurs of each group
12:45 – 13:15	Response to group reflections and closing of the workshop Luc Deliens and Lieve Van den Block, VUB
13:15 – 14:15	Lunch